

WINTER TERM

MENU CYCLE WEEK ONE

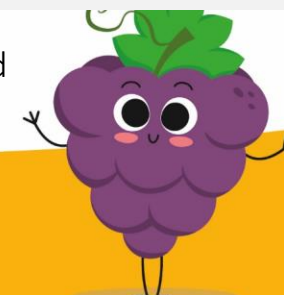
13th November 2023
4th December 2023
8th January 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Pepperoni Pizza	BBQ Chicken Wrap	The Big Breakfast	Chicken, Tomato & Basil Pasta Bake	Breaded Fish
VEGETARIAN	Margherita Pizza	BBQ Vegetable Tortilla Wrap	Vegan Sausage	Roasted Vegetable Pasta Bake	Vegetable Burger
STARCHY FOOD	Potato Wedges	Crispy Diced Potato	Hash Browns, Scrambled Eggs	Pasta	Chips
VEGETABLE	Garden Peas Sweetcorn	Cauliflower Carrots	Baked Beans	Broccoli Sweetcorn	Garden Peas Baked Beans
DESSERT	Homemade Cupcakes	Iced Sponge	Chocolate Sponge Cake with Chocolate Crumb	Carrot Cake	Ice Cream
CARBS	Jacket Potatoes with Cheddar Cheese, Baked Beans or Tuna				

Food Allergies and Intolerance

If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks.

Available Daily Yoghurt, dessert and fresh fruit pots, plus the exciting Salad Wheelbarrow!



WINTER TERM

MENU CYCLE WEEK TWO

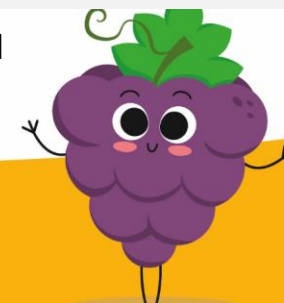
20th November 2023
11th December 2023
15th January 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Classic Chicken Curry	Beef Lasagne	Classic Roast Chicken	Pork Sausages in Onion Gravy	'Chip Shop Friday'
VEGETARIAN	Mixed Bean & Butternut Squash Curry	Vegetable Lasagne	Root Vegetable Toad in the Hole	Quorn Sausage in Onion Gravy	'Veggie Fingers'
STARCHY FOOD	Rice Naan Bread	Garlic Bread	Roast Potatoes	Mashed Potato	Chips
VEGETABLE	Garden Peas Cauliflower	Seasonal Vegetables	Baked Beans Green Beans	Broccoli Cabbage	Garden Peas Baked Beans
DESSERT	Traditional Flapjack	Lemon Sponge & Custard	Milk Chocolate Chip Shortbread	Jam Sponge & Custard	Ice Cream
CARBS	Jacket Potatoes with Cheese, Beans or Tuna				

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WINTER TERM

MENU CYCLE WEEK THREE

6th November 2023
27th November 2023
18th December 2023
22nd January 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Meatballs in a Tomato & Basil Sauce	Puff Pastry Minced Beef Pie	Roast Gammon & Pineapple	Battered Chicken Burgers	Breaded Fish fingers
VEGETARIAN	Chunky Vegetables in a Tomato Sauce	Puff Pastry Mixed Vegetable Pie	Cheese & Potato Pie	Vegetable Burger	Macaroni Cheese
STARCHY FOOD	Penne Pasta	Sauté Potatoes	Diced Potatoes	Potato Wedges	Chips
VEGETABLE	Green Beans Cauliflower	Carrots Broccoli	Seasonal Vegetables	Broccoli Sweetcorn	Garden Peas Baked Beans
DESSERT	Chocolate Brownie	Syrup Sponge	Rice Crispy Cakes	Iced Chocolate Sponge Cake	Selection of Freshly Baked Cookies
CARBS	Jacket Potatoes with Cheese, Beans or Tuna				

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